



Pathway to Employment

Bridge to Volunteering

This workshop introduces volunteering as a pathway to employment and prepares participants to take up their volunteering role. Volunteering “Time willingly given for the common good and without financial gain.”

Workplace Health and Safety

This workshop clarifies the legal WHS responsibilities and roles of employees and organisations, including volunteers. Significant topics covered include legislation around privacy and anti-discrimination and the relationships between paid and unpaid roles, practical ways to stay safe in various workplace roles.

Boosting your Employability

Participants are assisted in developing their strengths, skills and qualities. This includes positive attitude, self-management and thinking skills including problem solving, decision making and resilience.

Resume Writing

Participants in this will be guided in producing a strength - based resume based on their volunteering experience. The resume will focus on individual's skills and accomplishments and how to meet requirements for the position being applied for.

Working in Teams

This session sheds light on organisational culture and team development principles. Topics covered include what constitutes a team, team members' distinct roles, and the challenges and advantages of diversity.

Working with Customers and Clients

This session discusses the advantages of good communication with individuals, in teams, and in the community. Topics covered include negotiation skills, conflict resolution strategies, and verbal and non-verbal communication techniques.

Wellbeing and Resilience

This session imparts essential techniques to look after yourself when you're caring for others. Participants learn how to build on their own strengths to identify strategies to assist others as well as themselves. Topics covered include resilience and helping yourself and others bounce back from adversity and loss.